

BLUEGRASS RETIRED TEACHERS ASSOCIATION  
Central Christian Church, Lexington  
October 12, 2022

Bluegrass Retired Teachers Association met October 12, 2022 at Central Christian Church in Lexington. Co-President Patsy Rainey called the meeting to order at 11:45 am and welcomed everyone. Secretary Virginia Cheek recorded the minutes. Co-President Bonnie Sousley led the Pledge of Allegiance.

Patsy presented the devotion which was followed by lunch.

Andy Terwilleger greeted the group. He talked about the work of the Kawanis and about the services of the Sanders Brown Center.

Karen Guffey introduced Dr. Elizabeth Rhodus from the Sanders Brown Center. She spoke about their services and the studies being done there. She stated ways to help your brain as you age are maintaining a healthy diet, sleep, exercise, socialization, and enriched experiences.

Kathy Davis reported we currently have 335 members.

Bonnie thanked Esther Noland for the beautiful table decorations.

Our next meeting will be December 7 at Spindletop. Members were reminded to bring children's books and Christmas cards to this meeting.

Door prizes were distributed.

The meeting adjourned at 1:55 pm.

Virginia Cheek  
Secretary